

February Newsletter

From: Gymcats Gymnastics (utahgymcats@gmail.com)

To: andrea.nelson12@yahoo.com

Date: Friday, January 31, 2020 at 11:39 PM MST



Happy February Everyone! Here is what's coming up this month!



Calendar

February 2nd- Groundhogs day

February 11th- Tumbling Clinic 6:30-8pm

February 15th- March Payments

February 14th- Valentines Day

February 17th- Presidents Day OPEN

Weekly Events

Parent's Night Out- Fridays 5:30-10pm

Open Gym- Fridays 12-1:15pm, 4:30-6:30, 7:30-9:30.

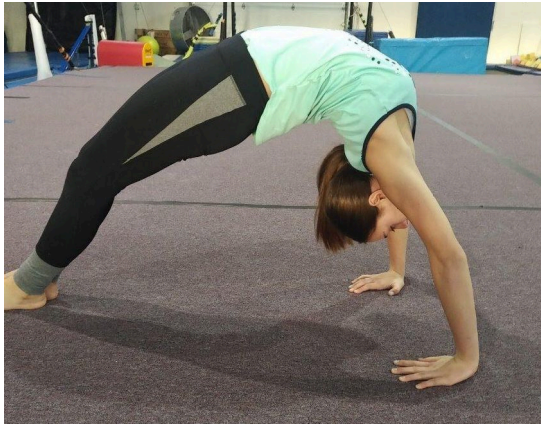
Birthday Parties can be scheduled for Saturdays! Give us a call to find out more.



February Announcements

Congratulations girls team for an amazing meet at the Las Vegas cup and the Crystal Cup this month. We are so proud of all of you!

Happy Heart Month- We want to cover the Gym with things you love. So be sure to fill out a heart with something you love and tape it to



the windows. Also, wear pink or red to celebrate Valentines Day!

Skill Theme- We will be working on Bridges this month. Bridges are so very important in gymnastics so we are really excited. Please work with your child on bridges at home. Here is a picture of what a bridge should look like. Shoulder flexibility is something that has to be worked on so we always want to encourage bridges at home.



Coach Spotlight

This month we are spotlighting our Preschool Director Kim Graham. She has been coaching at Gymcats since 2003, which makes her the most senior coach at Gymcats. Kim is an amazing coach with a long list of students who love her and credit her with their success. She says she got her start in coaching at 12 years old, when, as a student, her coach would call her to sub his classes. She started coaching because she loved the sport and working with kids. Kim has been married 27 years to her husband Mark. They have 3 boys Colton, Ashton and Jaxton. They love hiking, four wheeling, camping, traveling, watching the boys play baseball, spending time as a family, and pickle ball.



Check out our website for more



GYMCATS *At The Point*



Gymcats Gymnastics | 3300 W Pilgrims Loop Rd, Lehi, UT 84043

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